

## Phone Template:

Calling your congressperson is a personal and effective means of stating your concerns to lawmakers. If you'd like to contact the office of your congressperson directly, you may have more luck contacting one of their district offices as opposed to their main office in Washington, D.C. District offices receive less calls overall, and reaching out to these offices will increase your chances of speaking to a congressional staffer. The contact information for these offices is listed on your congressperson's website. Stating, "I don't need a response" during your call will make the calling process easier for the staffer receiving your call. Regardless of which number you choose, most offices count the number of calls that they receive. So simply leaving a message is a sure way to make sure that your voice is heard on legislation that you care about. We've included a sample script that can be used and modified as needed for calling your congressperson.

### ***Sample Script for Phone Call to Congressperson***

Hi, my name is [insert your name]. I'm a constituent from [insert your city and state], zip code [insert your zip code here]. I don't need a response. I am calling to urge Senator/Representative \_\_\_\_\_ to take action on [insert cause of your choice]. I am concerned about how population growth is impacting [your issue], especially since the world population is growing by almost 83 million people per year. I strongly encourage the Senator/Representative to learn about and support new laws to address this issue. Thank you for your hard work!

[If leaving a voicemail, state your full street address to ensure that your call is accounted for.]